



Quilted Placemats tutorial guide

Soft, quilted placemats protect your furniture, dampen the sounds of dishes for a more peaceful meal, and brighten up your space. These are quick and simple to make, using NO bias binding along the edges, and can be whipped up in about half an hour. A set of six takes two yards of fabric and will last for years! Add a set of mitered-corner napkins for an eco-friendly, handmade table you're proud to share.

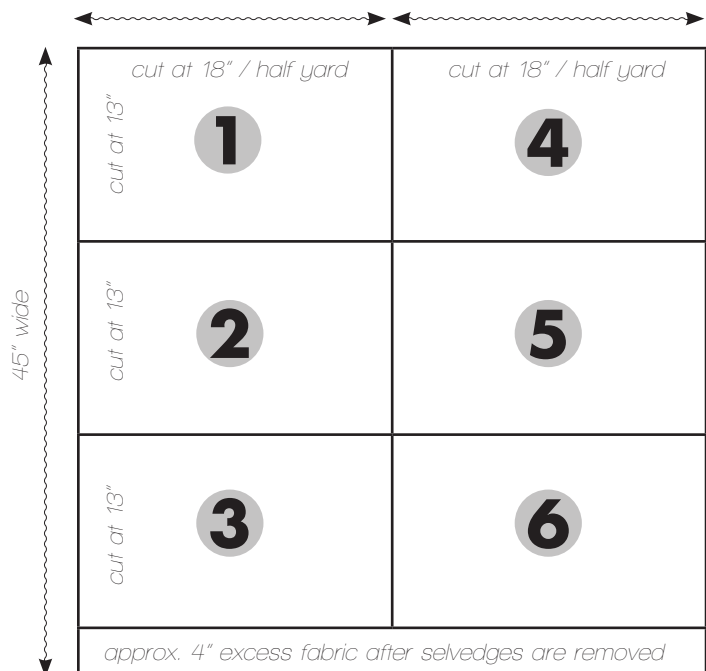
STEP-BY-STEP VIDEO: whip-stitch.com/quilted-placemats

FINISHED MEASUREMENTS:	
height	width
12.5"	17.5"



RECOMMENDED FABRICS: For the main fabric, midweight or quilt-weight cottons work equally well, so consider using some of your hoarded prints! For the backing, a sturdier fabric can give more weight, so consider a linen/cotton blend, a heavy linen, or canvas; a coordinating quilt-weight cotton works great, too. If fusible batting isn't available, standard quilt batting will do!

CUTTING LAYOUT FOR BATCHES:



1/2 yard each of two 45"-wide fabrics will make THREE placemats (1 yd total)

1 yard each of two 45"-wide fabrics will make SIX placemats (2 yds total)

CUTTING MEASUREMENTS:

cut ONE of each per placemat

	height	width
main fabric	13"	18"
backing	13"	18"
fusible batting	12.5"	17.5"



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Seam allowances are 1/4" unless otherwise indicated. Assembly steps are the same for all sizes.

DIRECTIONS FOR ASSEMBLY:

- Cut all pieces as indicated in the cutting chart. Be sure to press fabric neatly.
- Begin by fusing the batting to the **WRONG** side of the **MAIN** fabric with a heated steam iron. Center the batting on the main fabric, leaving 1/4" of main fabric exposed around the perimeter of the batting. Cover with a press cloth or scrap fabric to protect the iron surface. Fuse according to instructions and take the time to test!

NOTE: If fusible batting isn't available, standard quilt batting works well. Instead of fusing, iron the batting and main fabric together using steam to create a slight static charge that will stabilize the two pieces until the stitches are installed.

- Place the fused **MAIN** fabric right sides together with the **BACKING** fabric, aligning all raw edges with one another.
- Stitch around the entire outer edge of the placemat using a 1/4" seam allowance and leaving a 4" opening to turn. Do this by backstitching at the start of the seam, sewing around the perimeter of the fabric, then stopping 4" **BEFORE** returning to the start of the seam and backstitching again.
- Clip the corners of the seam allowances to remove bulk by cutting along a 45-degree diagonal outside the seamline.
- Turn the placemat right side out by reaching through the 4" opening, grasping the right side of the fabric, and pulling it through. Using a chopstick or knitting needle, carefully pop each corner fully out to make a nice point.
- Press the entire edge of the placemat from the right side, taking care to tuck the seam allowances along the 4" opening back inside and aligning them with the remainder of the seam.
- Edgestitch the placemat by sewing approximately 1/8" from the around the entire outer edge, taking care to catch the 4" opening closed.
- Using a walking foot or free motion foot, quilt the placemat as desired. Refer to the video tutorial guide for ideas.
- Snip any excess thread and repeat to make the desired number of placemats.