



tutorial guide

Fleece Neck Warmer

Sometimes called a gaiter, this fleece neck warmer is a great alternative to a scarf in winter temperatures. It won't tangle or get knotted, it won't catch on branches, and it sits close to the skin to keep out wind--making it a great option for outdoor activities like hiking, biking, skiing, and building snowmen!

SEE THE VIDEO TUTORIAL:
whip-stitch.com/neck-warmer

FINISHED MEASUREMENTS:	
height	width
8.5"	10.5"



RECOMMENDED FABRICS: The video shows WOOL fleece, which is wonderfully indulgent and warm even when wet, making it ideal for snowy or rainy climates; the design takes so little that even fancy fleece becomes an affordable treat! Also a great choice is inexpensive POLY fleece or polar fleece, often on discount at the large fabric stores; poly fleece makes more sense for kids, who are more likely to misplace a neck warmer or need more than one.

CUTTING MEASUREMENTS:

take care not to stretch as you cut

	height	width
main fabric	18"	20"
orient any directional prints so that the longer edge is side-to-side		

ASSEMBLY INSTRUCTIONS:

Cut fleece to the size indicated. Sizing is the same for adults and children over about 6 years; younger children, subtract 2-3" of length and 4-5" of height to accommodate shorter necks and keep the fit close to the skin.

Fold fleece right sides together along the long edge (hot dog style) and sew a seam 1/4" from the raw edges. **DO NOT PRESS**, as this will melt poly fleece!

Turn right side out, and bring the two open ends together. Match right sides, and sew around the circular opening, leaving about 4" unsewn to turn.

Pull fabric to the right side, and fold seam allowances back inside the 4" opening. Sew very close to the edge to close.